

**GCPE 1066 Tai Chi (1,2,0)**

This course aims to acquaint students with the basic knowledge and skills of Tai Chi. It also provides students with an understanding of the principles of a healthy lifestyle and means to apply fundamental sports science knowledge to analyse and enhance Tai Chi performance. Upon completion of this course, students will be able to perform the 24-form Tai Chi Chun and adopt an active healthy lifestyle.

<http://ge.hkbu.edu.hk/course/GCPE-1066/>

**GCPE 1067 Tennis (1,2,0)**

This course aims to acquaint students with the basic skills and knowledge of tennis. It also provides students with an understanding of the principles of a healthy lifestyle and means to apply fundamental sports science knowledge to analyse and enhance tennis performance. Upon completion of this course, students will be able to perform ground strokes, volley, smashes, and serves for tennis; understand the rules and scoring method in tennis; and adopt an active healthy lifestyle.

<http://ge.hkbu.edu.hk/course/GCPE-1067/>

**GCPE 1075 Track and Field (1,2,0)**

This course aims to acquaint students with the scientific bases and techniques of track and field events. It also provides students with an understanding of the principles of a healthy lifestyle and means to apply fundamental sports science knowledge to analyse and enhance performance of the selected track and field events. Upon completion of this course, students will be able to perform and understand the rules of shot put, high jump, short distance running, middle distance running and relay races; and adopt an active healthy lifestyle.

<http://ge.hkbu.edu.hk/course/GCPE-1075/>

**GCPE 1076 Volleyball (1,2,0)**

This course aims to acquaint students with the basic skills and techniques of volleyball. It also provides students with an understanding of the principles of a healthy lifestyle and means to apply fundamental sports science knowledge to analyse and enhance volleyball performance. Upon completion of the course, students will be able to perform techniques in passing, serving, blocking and spiking for volleyball; understand the competition rules and scoring method in volleyball; and adopt an active healthy lifestyle.

<http://ge.hkbu.edu.hk/course/GCPE-1076/>

**GCPS 1005 Public Speaking (3,1,2)**

The aim of this course is to help students develop their ability to prepare and present informative and persuasive speeches for delivery before a variety of social and professional audiences. It is expected that enhancing their skill in structuring their ideas and communicating them to others will contribute to their personal and professional effectiveness. To help accomplish this goal, the course will introduce the key concepts of the public speaking process and show how to apply them to construct and deliver high quality informative and persuasive speeches. Also supporting the general goal, the course will help students assess, critique, and appreciate the speeches of others by teaching them the standards of evaluation that apply to effective public speaking.

<http://ge.hkbu.edu.hk/course/GCPS-1005/>

**GCVM 1005 Christian Faith and Humanistic Values (3,2,1)**

Both in the West and in contemporary Chinese societies, there is a perceived tension between humanistic values and the Christian faith. Some mount a critique of the Christian faith on the basis of humanistic values, such as human rights and equality, whereas some Christians consider humanistic values deviating from genuine faith. The course will begin with putting this "quarrel" in a larger historical context, namely the interaction between Christianity and humanism in the course of western history. The course will:

(1) uncover the spiritual roots of modern Western humanism in the ancient, medieval and modern Western culture; (2) explain and assess the critique of Christianity by secular humanism; (3) explore the possibility of an integration of Christian faith with humanistic values in Christian humanism; and (4) conduct an assessment of the rivalry and reconciliation between Christianity and modern humanistic values in the Chinese context (ethical and political issues of Hong Kong, in particular).

<http://ge.hkbu.edu.hk/course/GCVM-1005/>

**GCVM 1006 Dao and Good Life: Laozi and Zhuangzi (3,2,1)**

What is good life? How should I live my life? What values and ethics should guide me? This course will explore the answers that the Daoist philosophers Laozi and Zhuangzi have offered to these questions. Students will be introduced: (1) the major concepts and views of Laozi on the principles of Dao and the way of life in the *Dao De Jing*, including the notion of the constant Dao of emptiness, the idea of weakness, and the concept of reversion; (2) how these principles can be employed to tackle problems in life in order to achieve a good life; and (3) major concepts and views of Zhuangzi's ethics and philosophy of life, including the notion of the Dao of transformation, the authenticity of the true self, the equality of things and opinions, etc.

<http://ge.hkbu.edu.hk/course/GCVM-1006/>

**GCVM 1007 Dao, Ch'an and Personal Freedom (3,2,1)**

What is freedom and what are the possibilities of humans acting freely? This course is designed to acquaint the student with an understanding of Daoism and Ch'an Buddhism in conjunction with the question of personal freedom. The course will explain how Ch'an is a blending of Daoism and Buddhism, and how a form of other-worldly oriented freedom of early Buddhism has been transformed into a form of this-worldly oriented freedom in Ch'an Buddhism. Special attention will be given to contemporary interpretation of the texts related to the concept of freedom and the traditional understanding of freedom related to other ethical issues such as happiness, personal integrity, and responsibility in both Daoist and Buddhist traditions.

<http://ge.hkbu.edu.hk/course/GCVM-1007/>

**GCVM 1015 Ethical Controversies in Hong Kong Today (3,2,1)**

This course is designed to provide students with an introduction to ethical theories and their applications to ethical issues in Hong Kong in the last few years. The course will begin with an overview of the major ethical schools, namely, utilitarianism, deontological theories and virtue ethics, which will provide students with some basic concepts that can be used throughout the course to understand ethical problems. It will continue by looking at selected topics of ethical controversies in Hong Kong society. Major areas may include topics such as life and death; love, sex and marriage; environmental ethics and business ethics. Within this format, we will give special attention to issues relevant to these considerations in Hong Kong today.

<http://ge.hkbu.edu.hk/course/GCVM-1015/>

**GCVM 1016 Ethics for Professionals in a Multicultural World (3,2,1)**

This course examines a set of problems and dilemmas (e.g. deception, privacy and confidentiality, professional dissent, social responsibility and justice, professional virtue) that arise across a broad range of professions (e.g. business, medicine, journalism, social work, education, accounting), and discusses how they can be approached in morally and culturally sensitive ways. Students will recognize that life in many professions involves grappling with some common and interconnected ethical issues through case studies. Codes of conduct of different professions and codes of conduct of the same profession in different cultures will be compared. Different patterns of moral reasoning and their underpinning moral philosophies (deontological theory, Utilitarianism and virtue ethics) will be examined.

<http://ge.hkbu.edu.hk/course/GCVM-1016/>